



**HELP US GET YOU KNOW YOU BETTER**

How would you describe yourself as an athlete?  Beginner  Intermediate  Advanced  Professional  
 Triathlete  Runner only  Other: \_\_\_\_\_

Other athletic experience?

**Describe your athletic history (how did you get started? marathons, teams etc..) & goals:**

**Tell us about your family, hobbies and interests:**

**What are some of your favorite products? (shoes, fuel, brands, hydration belt)**

**Agreement and Signature**

I understand that membership in the Northern Utah Triathletes and South Davis Road Runners (hereinafter the "group") is subject to approval and may be revoked at any time at Lora Erickson's sole discretion. I further understand that fitness activities involves risks including but not limited to injury, heart problems, and death due to the rigors of exercise, various terrain, weather conditions, traffic, and animals hazards. I understand that I am solely responsible for each and all of such risks and all other risks and events that may arise during and in connection with my participation in any exercise or other activities of which I receive notice of or information about from the group and/or its owner. I also understand that my participation with the group is voluntary, and I hereby waive any and all claims, actions, damages, costs (including attorney's fees) arising or suffered in connection with the group and/or its owner or any activities of which I receive notice from the group or its owner, which shall be effective for myself, my heirs, successors, and assigns, in connection with any the group races or other activities in which I or others may participate. I agree to the terms outlined in the **Conflict of Interest Agreement**. I further understand that payment of membership fees does not entitle me to any ownership or management of the group. Finally, I agree not to sue or bring any claim or administrative action against the group, its owner, Blonde Runner Health, LLC and the principal of its owner, and I agree that all of the provisions and protections and effect of the foregoing waiver, in its entirety, is intended to extend to the owner and such owner's principal of the Northern Utah Triathletes and South Davis Road Runners.

Name (printed):		
Signature:		Date:

South Davis Road Runner SHIRT ORDER (please circle what you want):  
**Long Sleeve (dry-wick black) - \$22    Short Sleeve (dry-wick green) - \$18**  
Adult sizes: **Women: S M L XL 2XL    Men: S M L XL 2XL**  
Note: Shirts can take up to 6 weeks to come in. Available for pick-up only.  
**Are you interested in getting a triathlon jersey (circle one): Yes    No**

**Shirt(s) cost:** \_\_\_\_\_  
**Add. donation:** \_\_\_\_\_  
**Member Fee:** \$25.00  
**Total:** \_\_\_\_\_

**Please return this form to:**  
**c/o Lora Erickson**  
**135 West 1900 South**  
**Bountiful, Utah 84010**

**2010 Membership Fee: \$25**  
**make checks payable to**  
**Blonde Runner Health**

For office use only:  
Date: \_\_\_\_\_ Amt pd: \_\_\_\_\_  
Ck # \_\_\_\_\_ Cash: \_\_\_\_\_  
intl \_\_\_\_\_ Notes: \_\_\_\_\_  
member # \_\_\_\_\_

---► **Join us online: [northernutahtriathletes.com](http://northernutahtriathletes.com) or [sdroadrunners.com](http://sdroadrunners.com)**