

*Caring Connections:
A Hope and Comfort in Grief Program Presents*

Seeds of Remembrance: Take Your Grief and Run With It

**Tuesday, May 15, 2012
7:00 p.m.**

University of Utah College of Nursing
Annette Poulson Cumming Building, Second Floor
10 South 2000 East

Seeds of Remembrance is an opportunity for griever to gather for a presentation on grief and commemorate the memory of their loved one. Free and open to the public.

Talking about the critical link between healthy grief and physical self-care, featured speakers:

Lora Erickson

Distance runner, coach and organizer
Race for Infant and Pregnancy Loss

Edwin and Carri Lyons

Cyclists and participants in a mid-continent ride to raise awareness and funds for adoption

Denny and Alyce Gross

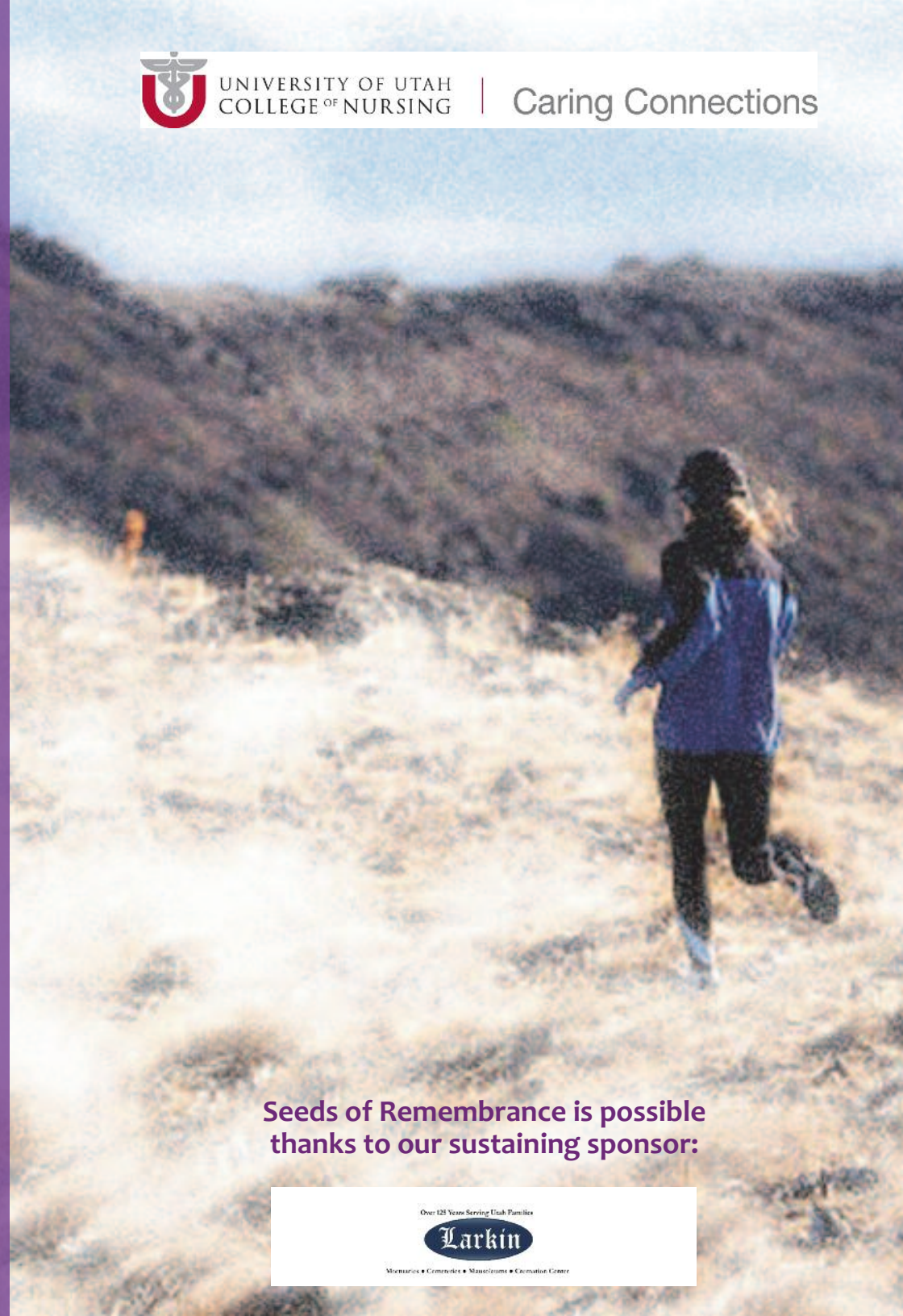
Outdoor enthusiasts and survivors of the loss of their daughter, Heather, to an avalanche

Contact Caring Connections at (801) 585-9522
www.nursing.utah.edu/practice/caringconnections



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